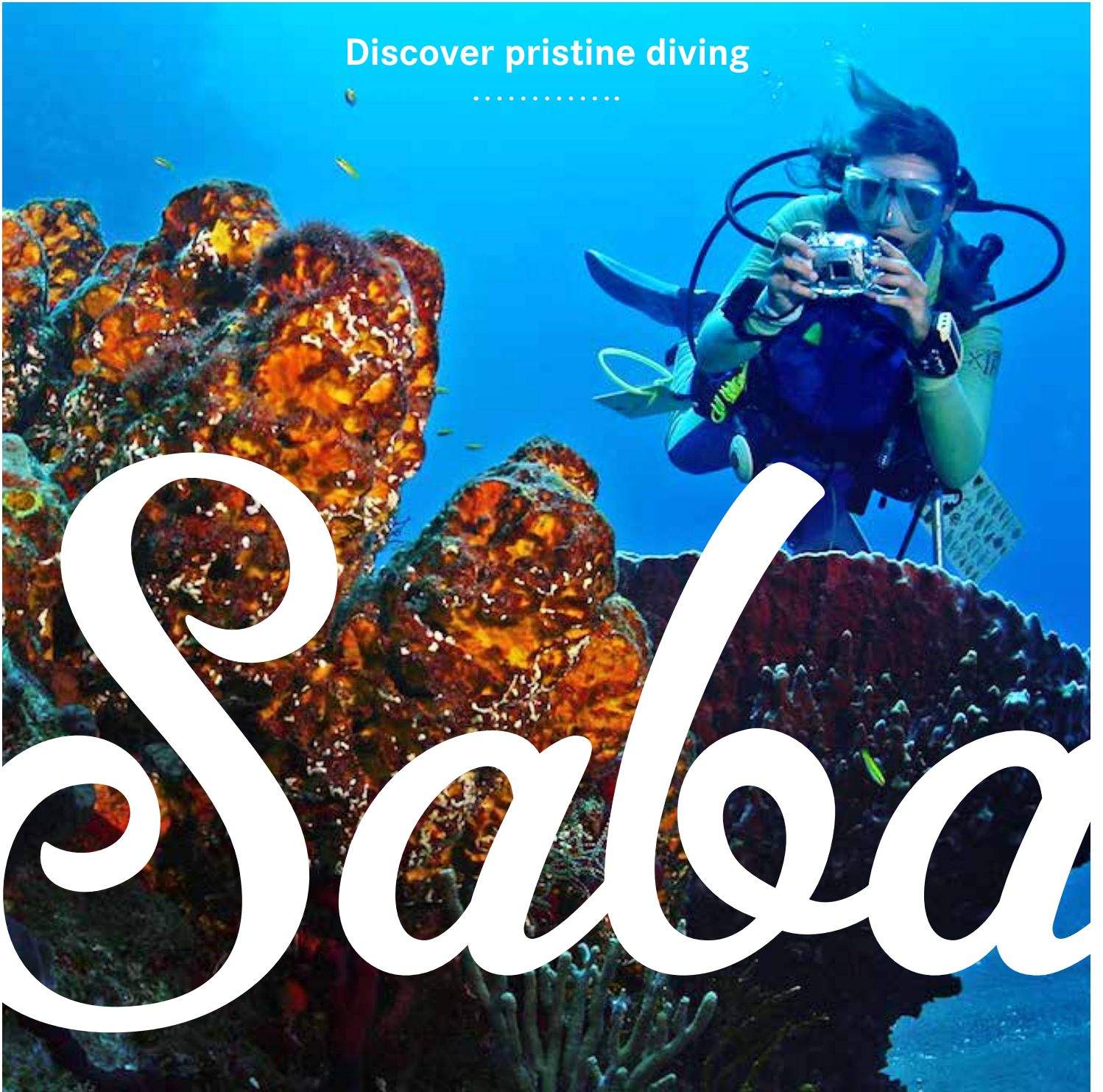


Discover pristine diving

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Saba



'The unspoiled queen'

Saba plunges below the sea as steeply as she rises above. From shallow patch reefs to deep underwater seamounts, Saba offers sites suitable for any diver's level of experience. Past volcanic activity has created spectacular formations and structures. Underwater lava flows and hot springs are the most obvious evidence of Saba's volcanic origins.

Diving on Saba

The reefs are populated with schools of tropical fish and healthy coral. Sheer close-to-shore walls are covered with sponges of all sizes and the heavily encrusted deep-water seamounts attract pelagic creatures that are not normally seen by divers. Unusual and exciting sightings are always possible in Saba's waters including frequent shark encounters. Saba offers year-round diving with seasonal differences in water temperature and surface conditions. The water temperature varies between 26C and 28C (77F-84F). Visibility ranges from a minimum of 20m (60ft) to virtually unlimited. Swells and heavy rainfall may influence visibility, but typically it clears again very quickly.

Due to the steepness of the coastal zone, shore diving is virtually impossible. Therefore all diving must be with one of Saba's licensed dive centers. Their expertise contributes to a safe, convenient and informative diving experience.

Fortunately Saba's dramatic coastline naturally limits coastal development. Pressure on marine resources has always been low even as the island population has increased. The quality of the marine environment, resilient reef communities and rich and varied marine life continue to lure divers to Saba's unspoiled waters.



General brochure

Go to www.sabatourism.com and download the free general brochure of Saba. In it you can read about what else Saba offers, next to sensational diving.

Our fish...

Saba is blessed with an abundance of fish in the Marine Park. This is the result of restrictions on fishing, anchorage and extensive diver education as to the rules and regulations. One dramatic indication of this is the large number of Nassau Grouper (Graysbys, Hinds, Coneys) that can be seen on every dive. Ecological surveys have recorded over 150 species, all with healthy populations. Some of the most common pelagic fish include Horse-eye Jacks, Great Barracuda, Wahoo, Tarpon and 5 species of shark. Schooling fish include Wrasses, Blue Tangs, Chromis and Surgeonfish. On almost every dive, Parrotfish, Triggerfish, Angelfish, Snapper and Grunts can be seen in abundance. In sandy areas, Lizardfish, Sand Divers, Flying Gurnards and Garden Eels predominate.



If you're lucky...

In addition to the creatures described above, you may be fortunate enough to spend time with some regular visitors to Saba. These include Hammerhead and Whale Sharks, Manta and Spotted Eagle Rays, Longsnout Seahorses and Frog Fish. During winter months, you can sometimes hear whales singing to each other or you may even see them breaching.



Corals and Sponges

True reefs are only found at a few locations within the Marine Park. The vast majority of coral structures can be categorized as “coral encrusted boulders”. These boulders are volcanic in origin and generally originate from the hillsides along the coast. Both hard and soft corals and sponges cover the boulders to such a degree that the rock is often not visible. The Pinnacles are coral encrusted volcanic structures rising out of the sea floor 100m (330ft) below. Gorgonians, Sea Fans and Barrel and Chimney Sponges are abundant everywhere. Elkhorn colonies can be found at sites east of the harbor.

Turtles and other critters

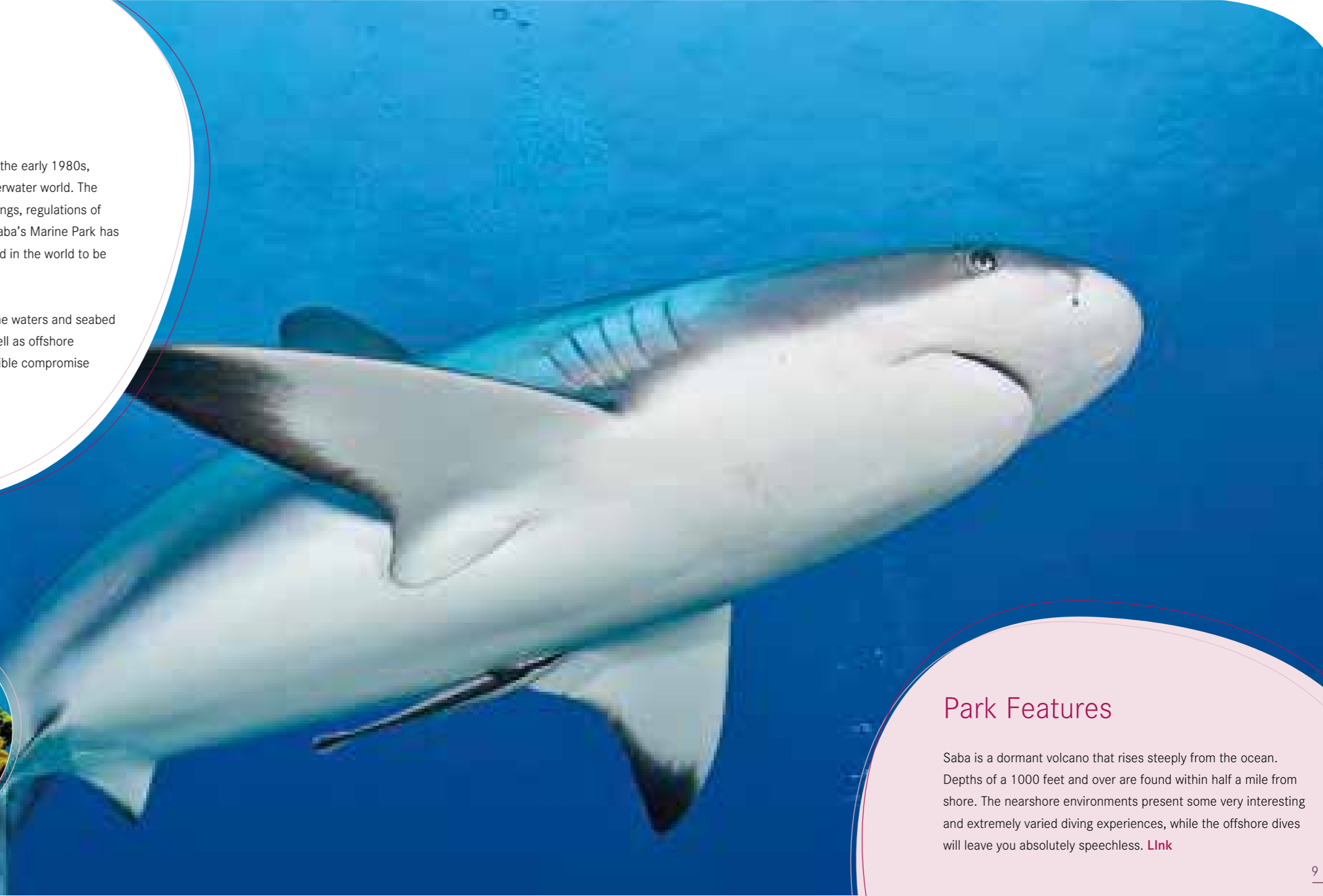
Due to protection of their food sources within the Marine Park, both Green and Hawksbill Turtles thrive around Saba. Provided that divers approach slowly, the turtles will continue to feed while having their picture taken. With restrictions on fishing, Conch, Lobster and a variety of Crabs can be observed on every dive. have a chance to dive with us in 29 unique locations and also see a shipwreck „Ghost Ship“, which rests at the bottom of the ocean at a depth of 40 m.



Saba Marine Park

History & CultureThe island's dive tourism, which started in the early 1980s, introduced SCUBA enthusiasts to the wealth of Saba's underwater world. The Marine Park was established in 1987 with permanent moorings, regulations of use and maintenance and a strong conservation attitude. Saba's Marine Park has received several honors and remains the only park of its kind in the world to be completely self-sufficient in its operation.

The park is situated around the entire island and includes the waters and seabed from the highwater mark down to a depth of 200 feet, as well as offshore seamounts. A zoning system is applied to get the best possible compromise between different uses of the marine environment.



Park Features

Saba is a dormant volcano that rises steeply from the ocean. Depths of a 1000 feet and over are found within half a mile from shore. The nearshore environments present some very interesting and extremely varied diving experiences, while the offshore dives will leave you absolutely speechless. [Link](#)

Great dive sites

All text and images are fake to give an impression of this brochure. There are different types of dive sites around Saba, each with their own unique character.

The Pinnacles (5 dive sites)

The fascinating Pinnacles that rise from the ocean floor up to depths of 30m (100ft) were formed by past volcanic activity and are nourished by deep ocean currents. The Pinnacles are covered with corals, sponges and other invertebrates. Abundant fish life including large groupers, jacks and turtles are attracted to this area and provide a spectacular diving experience. Shark encounters also occur frequently around these waters. Black-tip reef sharks, Grey reef sharks and Nurse sharks are the most common species sighted. The most unique structure not to be missed is the Eye-of-the-Needle, a pinnacle that rises up to 17m (90ft) just off in the deep blue waters from Third encounter.

From Torrens Point to Diamond Rock (3 dive sites)

The large spires at Wells Bay and Torrens Point form a protected cove, an ideal location for snorkeling or shallow diving. Underwater caves and tunnels are interesting structures to explore and the diver can encounter many aquatic life forms. Schools of Blue tangs, Goatfish, and Parrot fish are characteristic in this area. Man 'O War Shoals and Diamond Rock appear to be submerged and semi-submerged extensions of Torrens Point headland. They do not exceed depths of 25m (80ft), allowing for more bottom time to explore the rich waters and enjoy the magnificent fish life that abounds. Schools of Black-durgons and Barracudas swarm around the mooring lines while Black-tip sharks merge into the blue. Sting rays hover over the grey sandy bottom. Walls and rocks are covered with colorful sponges, smaller corals and Sea fans.



The Ladder Bay Area (5 dive sites)

The original steps that Sabans used to access the island is known as The Ladder. Prior to the building of the Fort Bay harbour, goods were brought by boat to the rocky shore of the leeward coast. Diving in this area unveils Saba's volcanic origins. A natural labyrinth of groove formations and protrusions developed as a result of lava flow. If you bury your hand in the sand where it is yellow/brown colour, the temperature differences of the sea floor become quite evident. Large boulders and grey sand dominate the area and the most common species of coral are Star coral, Brain coral and Gorgonian. Curious barracudas may approach divers very closely.

Tent Reef Area (4 dive sites)

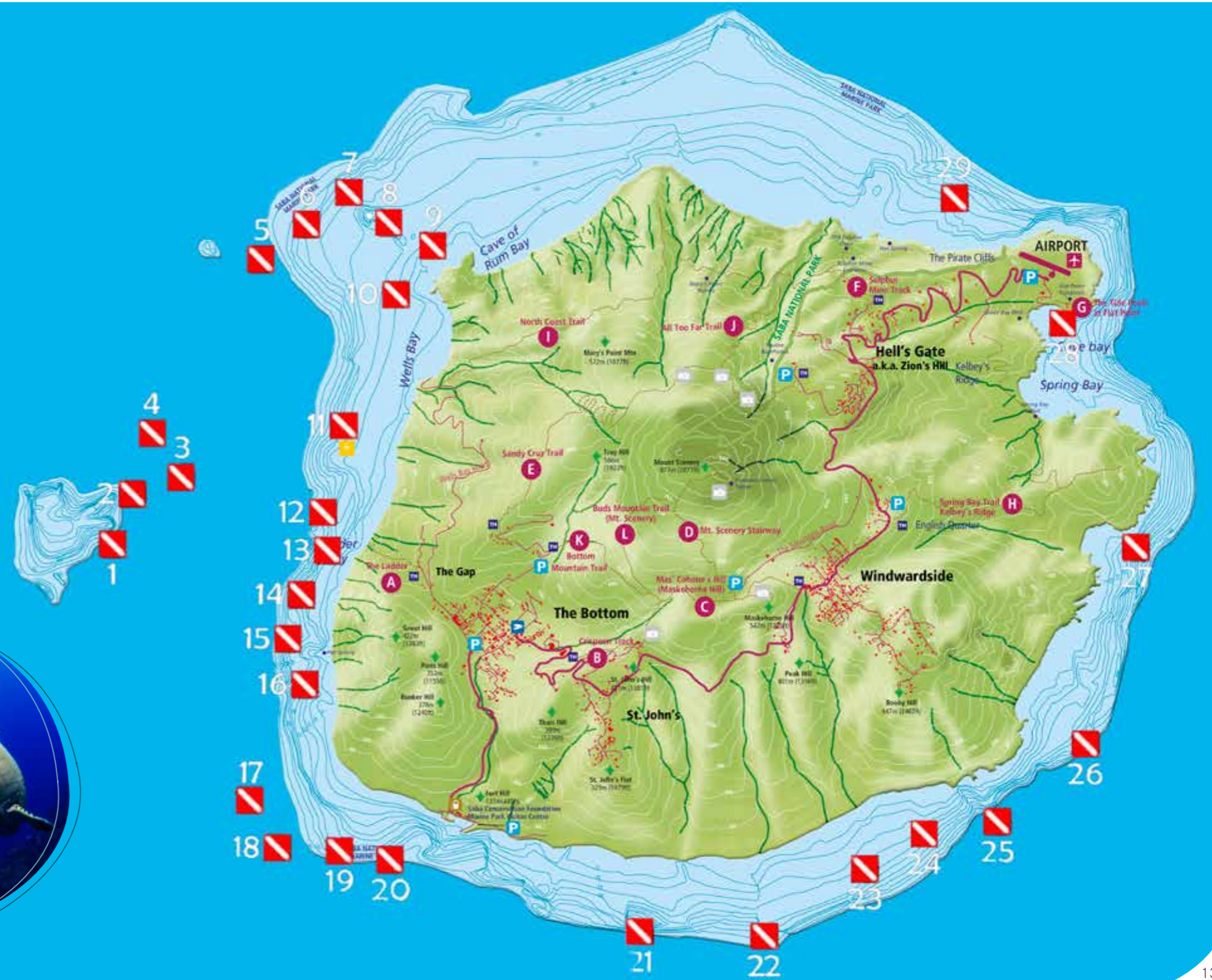
Just west of the Fort Bay harbour is another unusual geological structure known as Tent Reef. It is an extended rock ledge that starts at only 4 m (13ft) deep but becomes progressively deeper as you head northwest. The ledge is deeply undercut at some points, providing shelter to large snappers. It turns into a sheer wall that gradually becomes fragmented and appears as a series of steep coral outcroppings separated by deep sand channels. Tubular sponges, Elephant ear sponge and Black coral dominate the steep wall. Tent Reef is also a favourite site for night dives with frequent octopus, sleeping turtles and Spiny lobster sightings.

East side diving (8 dive sites)

Diving on this side of the island depends on suitable weather. Most of Saba's diving offers views of coral encrusted boulders of volcanic origin, but only Greer Gut and Giles Quarter are true coral reefs (i.e. made out of limestone). Diverse species of reef fish and other marine life along with the white sand covering the sea floor provide a very different diving experience compared to Saba's other sites.

Dive sites (ft/m)

- | | |
|---------------------------|---------------------------|
| 1 Name dive site (69/21) | 16 Name dive site (62/18) |
| 2 Name dive site (96/29) | 17 Name dive site (62/19) |
| 3 Name dive site (86/26) | 18 Name dive site (71/22) |
| 4 Name dive site (67/20) | 19 Name dive site (74/23) |
| 5 Name dive site (99/30) | 20 Name dive site (62/19) |
| 6 Name dive site (52/16) | 21 Name dive site (62/19) |
| 7 Name dive site (43/13) | 22 Name dive site (35/11) |
| 8 Name dive site (43/13) | 23 Name dive site (55/17) |
| 9 Name dive site (47/14) | 24 Name dive site (67/20) |
| 10 Name dive site (52/16) | 25 Name dive site (50/15) |
| 11 Name dive site (61/19) | 26 Name dive site (56/17) |
| 12 Name dive site (74/23) | 27 Name dive site (56/17) |
| 13 Name dive site (55/17) | 28 Name dive site (94/29) |
| 14 Name dive site (55/17) | 29 Name dive site (40/12) |
| 15 Name dive site (62/18) | |



Diving operators

Saba Deep

Saba Deep Dive Center was established in 1981, as the island's first "dive shop". Many years of experience and good diving later, our tradition of personalized service and enjoyment of sharing the natural beauty of Saba, both above and below the surface, continues.



If you have never been to this part of the Caribbean before, you are in for a real treat. The crew at Saba Deep Dive Center specializes in personalized service. That is why Tony, Cheri, "Big Mike", Bob and Evan – take the time to get to know you – before we go underwater!

We will do everything we can to provide you, with the best dives that can be had here in Saba: three dives minimum, everyday of the year; small groups so everyone gets the attention they want or need; short boat rides to the dive sites, and, since we return to the harbor between the morning and afternoon dives, the surface intervals can be done sitting in the shade, tanning in the sun or relaxing in our restaurant, In Two Deep.

Information

Telephone: +599 416 3347
E-mail: diving@sabadeep.com
Website: www.sabadeep.com
Address: Saba Deep Dive Center,
Tony and Cheri Waterfield
P.O. Box 22, Fort Bay

Saba Divers

Saba Divers is the international diving center with 15 years of tradition, 2015 TripAdvisor winner. Saba is a big mountain with outrageous terrain. So much so, that the original King Kong movie used Saba's silhouette as King Kong's "Skull Island" home - and even filmed some of the jungle scenes here.



Divers can expect maximum comfort, safety, and individual approach. Saba Divers have two branches on the island. One of them is located directly in the heart of the island in the tourist center Windwardside; the other is located in Fort Bay harbor, where also diving boat Big Blue is anchored.

Individual dives are organized on a per-person basis or in a small group of 2-6 divers with an instructor. It ensures maximum comfort and safety for all people under the sea. Divers are served with small refreshment (fruits & vegetables) on the boat between dives.

Information

Telephone: +599-416-2556
Email: info@sabablue.com
Website: www.sabadivers.com
Address: Saba Divers,
Miroslav Hudecek & Vit Rosberg
Windwardside

Diving operators

Sea Saba

Since 1985, the Sea Saba name is synonymous with a first-class diving operation. Whether you're a newly certified diver or a seasoned photographer, our enthusiastic, all-instructor crew assures a safe, professional and fun diving experience.



Sea Saba's 40-foot (13m) boats are ideal for Saba's diving conditions. Though built for 25, we max each boat at just 10 divers. Two boats allow us to schedule dives to suit individual needs, interests, and experience level without compromise. We pride ourselves on adherence to the highest safety standards through regular safety training, proper equipment maintenance, and the strictest standards for air and nitrox quality.

Our dive guides are dedicated not only to the highest standards of safety, but are also knowledgeable and enthusiastic about marine life. All of our instructors have at least a Level 3 REEF Fish ID certification and are happy to share their expertise with you.

Information

Telephone: +599 416 22 46
E-mail: info@seasaba.com
Website: www.seasaba.com
Address: Sea Saba Advanced Dive Center
Lynn Costenaro and John Magor
PO Box 598, Windwardside

Saba Freediving School

Opened in late 2015, Saba Freediving School offers training and instructions for divers of all levels. AIDA Training Center, owned and managed by Luis Fonseca, who is a pioneer in the diving industry in Venezuela. Besides loving the sport of freediving, Luis has a genuine interest in the preservation of the natural environment. By teaching "zero impact" techniques and philosophies during every program, he makes every trip an educational experience.

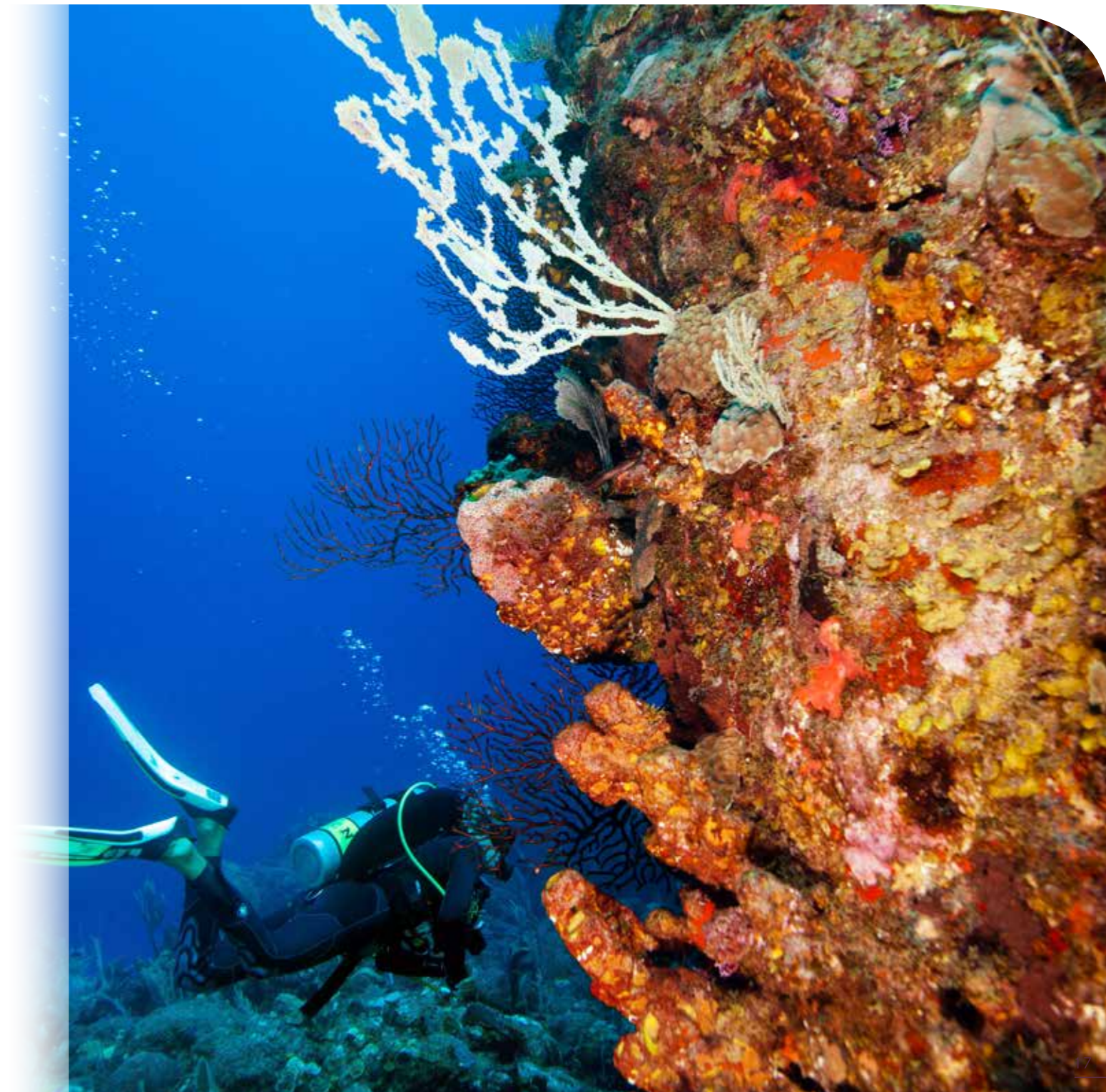


Luis has been a professional Instructor since 1981. Now proudly running AIDA courses, he has the endorsement from main diving regulating organizations like CMAS, the oldest freediving organization in existence

We specialized in guided personalized freediving, eco-expeditions, and freediving instruction, geared to those people who exhibit a genuine concern for the aquatic habitat and the conservation of our fragile environment.

Information

Telephone: +599 4169 213
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Luis Fonseca
Main Street Winwardside



Ligging

Saba bestaat uit een slapende vulkaan met vier lavakoepels. Het klimaat is tropisch. Noordelijk van Saba ligt haar kleine zusje: Green Island. Saba is alleen per vliegtuig of boot bereikbaar via Sint Maarten.

Saba ligt goed verscholen voor de massa in het noordoostelijke deel van het Caribische gebied. Samen met Sint Maarten en Sint Eustatius vormt Saba de Bovenwindse Eilanden. Het eiland maakt deel uit van het Koninkrijk der Nederlanden. Saba is ongeveer 4,5 kilometer in doorsnee en de oppervlakte bedraagt 13 km².



Keep Saba green!

- Take only pictures - Leave only bubbles!
- Listen to your dive leaders and dive THEIR plan
- Don't touch the coral, harass the wildlife or remove anything from the Marine Park
- Ensure that you practice excellent buoyancy control
- Don't feed the fish or leave anything in the Marine Park
- Gloves are not permitted except for holding the line at your 3-minute safety stop
- When photographing, adjust all settings before framing the shot and ensure that you and your equipment do not contact the reef
- The use of light sticks is not permitted as they may be injected by marine life

An underwater photograph of a diver swimming over a vibrant coral reef. The water is clear blue, and the coral is in various colors including red, orange, and yellow. Bubbles from the diver's breathing apparatus are visible in the upper right.

Saba Tourist Bureau

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